

# JOY IN THE JOURNEY

## LIVING RIGHT IN A WRONG WORLD

“These things I have spoken to you, so that in Me you may have peace.  
In the world you have tribulation, but take courage;  
I have overcome the world.”

— John 16:33 —

### LESSON THREE

## ATTITUDE ADJUSTMENT

### Finding Joy in Humility

#### DISCUSSION QUESTION

“What can you expect from a person when you treat them with humility rather than pride?”

#### INTRODUCTION



#### Watch Your Attitude!

- 1 Peter 5:5-6
- Proverbs 18:12
- Deuteronomy 8:2

#### LESSON

#### Attitude Adjustment: Finding Joy in Humility

“Have this attitude in yourselves which was also in Christ Jesus.” (Philippians 2:5)

1. The capacity to be humble toward one another is already established by Christ.
2. Humility leads to harmony with fellow believers which results in joyful service to others.
3. Our first thought should be for the needs of the other person.
4. Christ is our model of humility through selfless sacrifice for our needs despite the cost.
5. The end result is the honor and glory of God.

**So why do we resist treating other people with humility?**

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### Philippians 2:1-11

1. Therefore **if** there is any encouragement in Christ, **if** there is any consolation of love, **if** there is any fellowship of the Spirit, **if** any affection and compassion,
2. **make my joy complete** by being of the **same mind**, maintaining the **same love**, united in **spirit**, intent on **one purpose**.
3. Do **nothing** from selfishness or empty conceit, but with **humility** of mind regard one another as **more important** than yourselves;
4. **do not merely** look out for your own personal interests, but also for **the interests of others**.
5. **Have this attitude in yourselves which was also in Christ Jesus**,
6. who, **although He existed** in the form of God, **did not regard** equality with God a thing to be grasped,
7. but **emptied** Himself, taking the **form** of a bond-servant, and **being made in the likeness of men**.
8. Being found in appearance as a man, **He humbled Himself** by becoming **obedient** to the point of death, even **death on a cross**.
9. For this reason also, **God highly exalted Him**, and bestowed on Him the name which is above every name,
10. so that at the name of Jesus **every knee** will bow, of those who are in heaven and on earth and under the earth,
11. and that **every tongue** will confess that Jesus Christ is Lord, to the glory of God the Father.

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### Romans 5:1-5

“Therefore, having been justified by faith, we have peace with God through our Lord Jesus Christ, through whom also we have obtained our introduction by faith into this grace in which we stand; and we exult in hope of the glory of God.

And not only this, but we also exult in our **tribulations**, knowing that tribulation brings about **perseverance**; and perseverance, **proven character**; and proven character, **hope**; and hope does not disappoint, because the **love of God** has been poured out within our hearts through the Holy Spirit who was given to us.”

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**1 Peter 5:5-6:** “You younger men, likewise, be subject to your elders; and all of you, clothe yourselves with humility toward one another, for God is opposed to the proud, but gives grace to the humble. Therefore humble yourselves under the mighty hand of God, that He may exalt you at the proper time.”

**Proverbs 18:12:** “Before destruction the heart of man is haughty, but humility goes before honor.”

**Deuteronomy 8:2:** “You shall remember all the way which the Lord your God has led you in the wilderness these forty years, that He might humble you, testing you, to know what was in your heart, whether you would keep His commandments or not.”